

When to say 'When'



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LETS SAY I am filling your glass of ice tea and your job is to say 'when.' For the most part 99% of us know how much we would like to drink and know that if I kept pouring the glass would eventually run over. Golf must have its 'whens' or eventually we will also run over with too much pertaining to our golf game.

- Starting with the most typical problem for women is an overload of information concerning the golf swing. If your instructor hands you too much to think about during one lesson then you need to say 'when.' Trust me, feedback is always great for teachers. Remember you are only pouring tea into your glass. For flavor you can try a peach or raspberry tea, but it's the tea that comes first. Golf lessons can have flavor but only very little at a time.
- Next is our equipment. If you are switching equipment every 3 weeks then you need to tell yourself 'when.' The best bet is for you to get to know the equipment you have and upon mastering it, then decide if you need more. Equipment is like the glass itself. It's needed to hold the tea but it does not have to be half in a crystal glass and half in a plastic cup to drink it in one setting. Stick to the glass you have until you are ready for a change.

- Apparel, we all want to look good at times and sure we spend the money to get the nicer clothes for our ladies day or golf outing. But this too has a 'when.' I like to dress well when playing a match, but if I overdress and then have to fuss with having a glove for the tee and another special glove for chipping, then we are probably overflowing that glass in extra ice, lemons or sugar. Throw out any excess belt clip gadgets or carrying 14 ball markers. Only have what you need and if you want to have it nice, then keep it simple.
- Learn to say 'when' in practice swings, taking 5 to 7 is too much and will only waste your energy. Get in there and pour your thoughts and energy into a couple of swings and fire away at the target.

You ladies know when to say 'when'. Just make a good judgment call on your game as to what you need. You will need to ask yourself some questions in order to know when you think you will get full. Base your needs in your game on how much you can handle, not someone else. Try to say 'when' to your game, so you can enjoy it without spilling and making a mess. After a good round, treat yourself to a good 'ole fashioned glass of ice tea and toast to a good round.

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